

## PSHE and Citizenship Policy

### Introduction

This policy outlines the purpose, methods of delivery and content of Personal, Social and Health Education (PSHE) & Citizenship. PSHE & Citizenship is intended to reinforce habits of character, relational skills and the essential knowledge pupils need to lead stable, fulfilling, safe lives and become effective and responsible citizens.

### Aims

Our aim is that pupils will learn to:

- identify and develop numerous habits of character, such as integrity, empathy, perseverance and responsibility
- form and maintain strong friendships
- develop good communication skills and be able to express their opinions confidently and sensitively
- develop sensitivity to the impact of behaviour and words upon others and so learn to put others needs above their own
- respect diversity and avoid discrimination in all its forms
- promote freedom of speech by being willing to listen to the views of others and respecting their right to express them
- develop a healthy lifestyle and manage their own emotional and mental wellbeing
- keep themselves and others safe, with a particular regard to online safety (see our Safeguarding Policy and our Acceptable Use of Screens Policy)
- explore different career paths, so that they can make informed choices about their future
- develop skills for further education, employment and career progression
- be prepared to take an active role in society as future citizens

### Legislation and guidance

The policy adheres to guidance from the [DfE on delivering PSHE in schools](#) and from the [PSHE Association](#) and is in accordance with:

- Relationships Education, Relationships and Sex Education (RSE) and Health Education, revised July 2019.
- The latest version of KCSIE (Keeping Children Safe in Education)
- Equality Act (2010)
- SEND code of practice: 0-25 years (updated May 2015)

It should be read in conjunction with our other school policies, particularly the following:

- RSE Policy
- Careers Education, Information and Guidance (CEIAG) Policy
- Safeguarding Policy
- Equalities Policy
- Behaviour Policy
- Anti-bullying Policy
- Active Promotion of Fundamental British Values Policy
- Acceptable Use of Screens Policy

### Management and staff training

The Head of PSHE and Enrichment oversees the development and delivery of our PSHE provision, and is supported by other teaching staff. PSHE is taught by class teachers in Infants. In Juniors, the Head of PSHE and Enrichment and the class teachers deliver PSHE lessons. In the Senior school it is taught by the Head of PSHE, the RS and the Headmaster, but we also invite external speakers who

give talks and/or run workshops. In Years 9 to 11, PSHE and Citizenship is delivered in the content of our Aspects of Wisdom (AoW) lessons, which take place once every fortnight.

Staff are kept informed of developments in key aspects of PSHE, including links with safeguarding, inclusion, equality, child protection and anti bullying, through regular training provided at staff meetings and INSET days, and through Educare courses.

### **Embedded PSHE & Citizenship Education**

We aim to embed our PSHE and citizenship education into the school culture and curriculum. The most effective intervention to teach key life lessons and to help character development happens at unexpected times. It requires teachers to be alert and to intervene wisely at the right moment. PSHE and citizenship education is embedded into the life of the school in the following ways:

- Our Christian Ethos permeates the life of Heritage School, particularly the values that shape teacher expectations.
- In the Infant and Junior Schools habits are identified as the focus of discussion and comment. Teachers return to these habits in the classroom context frequently.
- There is a half-termly whole school habit
- In assemblies we discuss key values and beliefs, and explore current political, social and cultural events.
- We closely monitor interactions between children, at break times in particular.
- A discussion of core values arises naturally throughout the curriculum – as we examine a text in literature or an episode in history, for example.
- Across the curriculum and in our Enrichment Programme we consider the important role of public institutions, and we reinforce Fundamental British Values (see our Active Promotion of Fundamental British Values Policy). We regularly invite visiting speakers from the Police and other public services.
- Pupils are encouraged to serve others by getting involved in charity fundraising, donations of food, and occasional service projects.
- In the Senior school, pupils meet regularly with personal tutors to discuss their emotional and physical wellbeing, as well as plans for further education and employment.

### **PSHE & Citizenship programmes of study**

PSHE and Citizenship lessons are timetabled weekly in Infants and alternate weeks in Juniors. In Seniors they are taught approximately once every three weeks in Years 7 and 8, and once a fortnight in Years 9 to 11. There are occasional 'off-timetable' sessions, for example when we have an outside speaker. The topics are detailed in our schemes of work.

### **Assessing learning in PSHE**

The benchmark upon which progress is measured is each pupil's own starting point, not the performance of others or the requirements of an exam syllabus. To do this we use a combination of teacher assessment and pupil peer and self-assessment. Pupils must be given time and space in a PSHE lesson to reflect on their learning, either privately or through discussion.

We identify a starting point through the use of a variety of baseline activities, such as brainstorming, mind maps, questionnaires, discussion, roleplays, responses to a picture or video clip. At the end of the lesson, or series of lessons, pupils can revisit and evaluate their original understanding to evaluate how far they have come in their learning. Other endpoint activities which demonstrate learning might include presentations, discussions and debates.

### **Safeguarding**

We believe that it is essential to create a safe, non-judgemental learning environment in which pupils can share feelings, explore values and attitudes, express opinions and consider those of others.

### **Political views**

When we deliver PSHE lessons we always take care to ensure that curriculum materials are balanced and never partisan in nature, in keeping with our Active Promotion of Fundamental British

Values Policy. We do not permit partisan political materials to be distributed to our students either at school or on outings. Searches are made prior to a visit by an outside speaker to assess the risk of pupils being exposed to inappropriate content. If an outside speaker happens to express partisan political views, steps are taken, either immediately or afterwards, to discuss the issues and redress the balance. Throughout, we want to create a context in which students feel safe to form their own views on political issues.

### **Confidentiality**

During discussion children may wish to disclose sensitive information about themselves or their peers, which may include details of abuse or neglect, self-harm or suicidal tendencies. They are made aware of how to raise their concerns and to whom.

If the member of staff believes that a child is at risk he/she has a duty to record the concern or disclosure on MyConcern. Any urgent concerns should be communicated in person to a member of the Safeguarding Team, who will follow up in keeping with our Safeguarding policy. As explained in our Safeguarding Policy, staff can never promise confidentiality.

Authorised by	Jason Fletcher
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