

## Focus on Enrichment

### A Message from the Headmaster

Mr Jason Fletcher

When our Lower Prep pupils join us at age 4, they are curious about everything. You don't have to spend much time with a child of that age to know that each insect, stick and puddle is enough to stop them in their tracks. A simple local walk is filled with wonder, and each new experience prompts a dozen questions.

We want our pupils to continue experiencing this wonder; to see things that stop them in their tracks; to keep asking questions. We make it a priority to fan into flame a child's natural curiosity throughout their time at Heritage, being concerned, as we are, about far more than mere academic results. A child's attitude to learning is the decisive issue. Nurturing enjoyment in learning is the chief aim of our Enrichment programme.



Cambridge Treasure Trail



Mountfitchet  
Castle

Pupils in Upper Prep to Year 8 have a generous slot in their weekly timetable (an hour and a half to two hours) for a wide range of outings and unique activities designed to stimulate curiosity and expand their connections to, or relationships with, new people, places and pursuits.

Take a look at the activities on the following pages to get a feel for what our pupils have been experiencing during this half-term. Our staff can tell you that it is no easy feat to offer such a varied programme each week. But we are all committed to Charlotte Mason's challenge: 'We must sustain a child's inner life with ideas as we sustain his body with food... our business is to supply him with due abundance and variety and his to take what he needs.'

## Enrichment Activities this Half-Term

Mrs Bettina Scarlata, Head of PSHE and Enrichment

Here is a taste of what our Enrichment programme has offered for pupils in Upper Prep to Year 8 for the first six weeks of school. These activities are in addition to our typical weekly Nature Walks and at least twice weekly PE sessions\*, giving you a sense of how frequently our children are getting out and about.

### Forest School

This half-term, Years 3 and 5 have been heading out weekly to Clare Wood for a Woodland Learning session.

### Walks and Nature

- Andy Goldsworthy Art in Situ, Coe Fen
- Anglesey Abbey Den Building
- Botanic Garden, Scavenger Hunt
- Botanic Garden, Creating a Mini-World
- Cambridge to Caldecote Ramble
- Coe Fen pond dipping
- 'Death in Paradise' Nature Walk
- Shepreth to Barrington Ramble
- Wandlebury Den Building
- Wandlebury Pond Dipping

### Places of Interest

- Cambridge Treasure Trail/Tour
- Castle Hill
- Christian Heritage walking tour
- Ely Cathedral & Ely Museum
- Mountfitchet Castle
- Reformation Walk
- Round Church
- St Bene't's Church

### Activities

- Baking
- Book of Centuries
- Clay with Mrs. Robertson
- Conker Weaving
- Illuminated Letters
- Maple Leaf Paper Folding
- Outdoor Games
- Print Making
- Shinjitae/Self-Defence
- Thanksgiving Wreaths
- Tudor Activities
- USA Presentation and Craft



*\*Because they have three short days per week, Lower Prep has one weekly PE session. Nature Walks take place occasionally for Year 7 and 8.*

To see more recent news, visit [www.heritageschool.org.uk](http://www.heritageschool.org.uk)



## Years 7 and 8 Enrichment: A Walk through History

Mr Jonathan Burden, Head of Seniors

Years 7 and 8 have been taking a walk through Cambridge's history — literally. During their Enrichment time slot, the pupils have been visiting a different historic building each week. These outings have helped pupils build in a chronological manner their knowledge of history, their appreciation of the development of architecture, and their understanding of the ideas that shape our city and the world around us today. We are fortunate to have so many excellent sites of historical interest within close proximity.

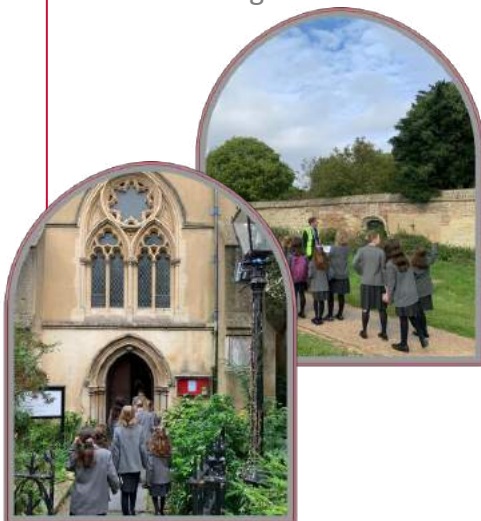
### 1. St Bene't's Church

The first stop on this Enrichment tour was to St Bene't's, the oldest building in Cambridge — built c1020. The tower exhibits typical Anglo-Saxon features, such as long and short stonework, paired belfry openings, and a distinctive arch with double hood moulding and decorative beasts.



### 2. Round Church

Pupils were then treated to a tour of the Round Church with Mr Ian Cooper, author of The Cambridge Story exhibition that is featured at the church. This is one of Cambridge's most iconic buildings, constructed c1130. Its imposing Norman architecture is marked by thick pillars and rounded arches.



### 3. Reformation Walking Tour and Church of St Edward King & Martyr

After a Walking Tour around Queens' College, King's Parade, and Great St. Mary's, the classes visited the Church of St. Edward King & Martyr. One of the oldest churches in Cambridge, it has a history dating back to the beginning of the 11th century. Some key sermons of the Reformation were said to have been spoken from its pulpit in the 1520s.



### 4. Ely Cathedral and Ely Museum

The pupils then paid a visit to Ely Cathedral; a medieval cathedral whose magnificent West Tower was completed c1189. They also stopped at Ely Museum, which tells the stories of Ely and its surrounding area from prehistory to the present day.

## The Importance of Role Play

Mrs Jean Carter, Head of Infants

Role play has a strong presence in the Preparatory classes at Heritage. It is a fun way for children to engage socially, build confidence and develop their understanding of the world, whilst nurturing important skills that support their emotional, cognitive and physical development.

The home corner can reflect many real-life situations. It can provide an opportunity to explore experiences within the home, such as, food preparation, caring for a baby or younger sibling or celebrating special occasions, like birthdays or Chinese New Year. It can also change completely to reflect the wider experiences that children may have through becoming a number of imaginary set ups, for example, a shop, opticians, vet practice or café.

Role play sparks creativity and imagination leading to a number of improvised scenarios which require problem solving skills, especially when role-playing in a group. As children engage and collaborate with others, take on character roles and explore new vocabulary, their communication and language skills develop, as do their social skills.

Currently, the Upper Prep pupils are enjoying playing in a Garden Centre. Through their play they are developing their understanding of money as they find the correct coins to give to the shopkeeper, add up amounts and give change. The children learn to negotiate and co-operate as they decide on which roles to take on. New vocabulary is introduced and polite interactions can be overheard as the shopkeeper enquires what his or her customers might like to buy. Nearby at the craft table, children are invited to create flowers of their own design, seed packets or cards to sell in the shop or take home for further enjoyment.



## Kodály Method

Mrs Rachel Good, Infant School Music Teacher

The Kodály method was created by the Hungarian composer and educator Zoltán Kodály in the mid-twentieth century. His belief was 'music belongs to everybody', and that active participation in music making develops a person on all levels. Kodály training develops musicianship through the instrument accessible to all — the human voice.

Kodály believed that music education should start as early as possible, and this idea is very much supported at Heritage. Young children learn most naturally through singing games, fun and play. Early material focuses on songs with a small tone set; just three sounds: la, so and me. Young children find these sounds easy to produce while their vocal cords are developing. As the children grow, more pitches are added and by the end of Year 2 the children can sing and recognise the full pentatonic scale: do, re, me, so, la.

Gradually the familiar songs encourage recognition of:

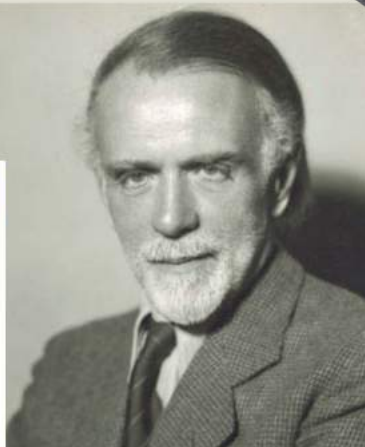
- The beat/pulse
- Rhythms - ta/ti-ti/too/rest/ti-ta-ti
- Pitch
- Form
- Inner hearing

Many of the songs with actions and games smuggle in sophisticated chamber music and orchestral skills too.



## Zoltán Kodály

Stick Notation	Rhythm Syllable	Make Conscious: What happens?	Notation Name
	ta	1 sound/1 heart beat	1 quarter note
┌	ti-ti	2 even sounds/1 heart beat	2 eighth notes
z	ta rest	No sound/1 heart beat	1 quarter rest
J	ta-a or two	1 sound/2 heart beats	1 half note
┌	ti-ta--ti	3 uneven sounds/2 beats	syncopation
┌┌┌	ti-bi-ti-bi or ti-ka-ti-ka	4 even sounds/1 heart beat	4 sixteenth notes



'Often a single experience will open the young soul to music for a whole lifetime.'

'The characteristics of a good musician can be summarised as follows: A well trained ear, a well trained mind, a well trained heart and well trained fingers.'



## Year 5 Assembly

Mrs Jeni Watkins, Head of Juniors

As a feature of Monday morning assemblies at Heritage, each year group will put on one class assembly a year. Earlier this month, Year 5 was featured in the first class assembly — a welcome renewal of this Heritage tradition now that pupils from different year groups are once again able to meet together.

Drawing on the knowledge that they have been learning in their Science lessons, Year 5 performed a play about physical forces. During the performance, the pupils illustrated for their schoolmates a number of different types of physical forces including gravity, up-thrust, air resistance, and friction. This was followed by a musical number in which the pupils sang 'Forces push and forces pull/ Speed things up or make them slow/ They can change the shape of something/ And the way it wants to go.'

The production wrapped up with a retelling of the ancient tale of Icarus and his fateful encounter with gravity, 'which illustrates how important forces are.' Indeed; poor Icarus! An all around impressive first class assembly of the year and a job well done to Year 5.



## A Word from the Head Girl and Boy

### **Alix, Head Girl**

It's a privilege to have been appointed Head Girl and I am determined to rise to the challenge this coming year. Something I find special at Heritage is the family atmosphere and mixing of different years during breaktime. This is something I really enjoy and would like to encourage. I've had fun running the basketball club with Catherine on Wednesdays this half-term; we have been happy to have a good mix of pupils from different year groups. In school council meetings I try hard to listen to the students' ideas and pass them on to the Headmaster. When I joined Heritage in Year 7, I was quite shy and reserved, but the school environment helped me enormously to gain confidence in myself both academically and socially. Looking back at these past years, I realise how Heritage has made me very happy and really helped me to thrive. Now I would like to help other students feel as happy at Heritage as I do.



### **Freddie, Head Boy**

As Head Boy, I am enjoying helping the school alongside the Student Leadership Team as we come out of this difficult time of COVID 19. Since I joined the school in Year 3, I have greatly appreciated the love of learning which Heritage encourages, and have always valued the close connection with the teachers which allows for more specialised learning. So far this year, it's been a privilege to run the School Council with Alix and listen to the students and share their ideas and concerns with the staff. I am currently running a chess club which happens every Thursday lunchtime. As well as chess, one of my interests is computer programming, and I would like to study Computer Science at Sixth Form and University.



## Senior Clubs

This half-term, a number of our Seniors have taken the initiative to start up after-school and lunchtime clubs for their fellow pupils.

### Art Club: Isabel, Y11

Year 11 pupil Isabel started the IGCSE Art Club for those who want to spend Friday lunchtimes doing a bit of work for their Art coursework. She saw an opportunity to use the school's art resources while also getting help from Art teacher Mr Beaton, along with input from like-minded students. The club currently has six members and anyone can join, there's no need to sign up.



### Basketball Club: Catherine and Alix, Y11

Year 11 pupils Catherine and Alix's fond memories of basketball on the playground prompted them to start the Basketball Club so other Senior pupils could share the same experience of fun and competition. At the moment 12 dedicated students show up in their PE kits every Wednesday after school to participate in a structured lesson. Alix and Catherine cover skills like dribbling, passing, shooting and spacing. At the end of each lesson the members play a game of basketball in teams and a game of knockout.

### Chess Club: Freddie and Hugo, Y11

Year 11 pupils Freddie and Hugo had long felt that Heritage needed a chess club, and this year they felt it was the perfect time to start one. Now, during Thursday lunch times pupils meet in Maths Room 1 to face an opponent across a chess board. There has been plenty of interest; some days even making it even a bit of a squeeze with four or five games running at one time!



### Running Club: Kit, Louis and Nathaniel, Y11

Year 11 pupils Nathaniel, Kit and Louis are keen runners and were eager for others to enjoy this sport and improve their fitness. Along with seven other pupils and Mrs Scarlata, the group work on a variety of running skills at Coe Fen on Thursdays after school. Kit will normally lead sprints while others work on endurance with Nathaniel, Louis and Mrs Scarlata. With pupils from nearly every Senior School year group, the members have enjoyed getting to know one another better as they chat during long runs. The occasional encounter with cows only adds to the fun!



## Senior Clubs, continued



**COOKERY CLUB  
WITH MRS WREN**

On Friday afternoons, Mrs Wren and the members of the **Cookery Club** work on building up basic cooking skills and confidence in the kitchen. The pupils have so far tried their hand at ham and cheese toasties, coleslaw, Greek salad, scones, fruit salad, pizza and chocolate tiffin.



**CARD GAMES  
WITH MR APPLEYARD**

**Netball Club** meets on Thursday afternoons at the Leys with Mrs Eastwood and Miss Rogers. Pupils from Years 5 to 9 work on a variety of skills; Juniors focus on building the basics while the Seniors work on more advanced tactics.

Finishing up with a full game shows pupils how the skills they've been practising can be utilised to help their team.



**NETBALL CLUB  
WITH MRS EASTWOOD  
(ALSO OPEN TO JUNIORS)**

**Debate Club** is for the first time ever this semester taking part in both the Mace Cup debating competition and the Churchill Cup public speaking competition. They will be debating Springwood High School on 15th November in the Mace Heats, opposing the motion: This House Believes That artists have a moral duty to be political in their work.



**HISTORY SOCIETY  
WITH MR BUCHANAN**

About a dozen Seniors meet up for **Card Games** with Mr Appleyard on Tuesdays during lunchtime to play a fast-paced group game with multiple decks of cards.



**DEBATE CLUB  
WITH MS MARINER**

During Wednesday lunchtime **History Society** meetings, pupils discuss historical figures and events with Mr Buchanan, one of our Gap Year TAs and a Heritage alumnus. Topics so far have included Genghis Khan, the Vietnam War, Capital Punishment in early modern Germany, and Hitler's invasion of Russia.



**YOUNG JOURNALISTS' CLUB  
WITH MRS DINGLEY**

The **Young Journalists' Club** are a dedicated, lively group of pupils developing a termly magazine for Heritage School. The main feature this term is uniform, with a look at different approaches to uniform and an interview with senior management about their philosophy regarding the uniform at Heritage School. In addition, there will be recipes, puzzles, book reviews and a letters page, which probably shouldn't be taken too seriously!

## Meet our New Teaching Assistants

This year we welcomed two new Teaching Assistants, William Buchanan and Megan Rogers. You'll see Miss Rogers at school on Mondays, Tuesdays and Thursdays and Mr Buchanan (a Heritage alumnus from 2019) joins us on Wednesdays and Fridays. They are supporting clubs, games lessons, nature walks, Handicraft and much more.

### Megan Rogers

I am loving my time at Heritage and feel so fortunate to be here for the year. Everyone has been so accommodating and welcoming, and I can't wait to see what I will be up to throughout the year. I am particularly enjoying going on the nature walks and forest school with the children and helping them explore and learn about the world we live in.



I went to Impington Village College for secondary school and then stayed on to do the International Baccalaureate and studied Biology, English Literature, Maths, History, Psychology and German. During my time at the school, I took part in many extra-curricular activities, my favourites being netball and drama. I am a dedicated learner and always willing to get involved and try new things.

In my spare time, I serve on the deaconate at my local Baptist church. I volunteer at many of the events and activities there — including the Sunday services, where I am often either up on stage or at the back assisting with AV. Next September I hope to go to university and study Theology, to pursue my call into ministry. This is something that is very exciting and I hope to discern which university to go to in this current academic year.

### William Buchanan



As a former pupil of Heritage, it's been interesting to come back to school as a Teaching Assistant and see it from a different perspective. This time around, after having attended the Perse Upper for sixth form, I take more notice of the school's unique qualities; for instance, at break times you'll see Year 11s gladly playing with Year 7s. You don't really see that anywhere else, and I think it prepares students for going off and mixing with a whole range of different people. Also, because of its small size, it's so much easier to debate things. Pupils have the freedom and confidence to have some really good conversations.

I've really been enjoying my time helping with handicraft, nature walks, games and Forest School. I also have started up a History Society with the Seniors, which meets at lunchtime on Wednesdays. (You can read more about that on page 9). I especially enjoy my lunchtimes with Years 2 and 4. It's great fun to engage in conversations with them; they really love to talk!

On the days I'm not at Heritage, I'm currently taking a politics course as I prepare to reapply to university to study History next year.

## Goodbye to Mrs Bell

Janet Bell is a familiar and well-loved member of the Heritage community among staff, pupils and parents alike.

Like many people you'll meet at Heritage, Mrs Bell started as a parent who simply pitched in whenever help was needed. Over time, she was helping so frequently that she was asked to join the staff team.

A highly practical person, Mrs Bell could do almost any job that needed to be done. Over the course of her nine years with Heritage, one would often see her jumping right in when she noticed something that required attention; once getting in a harness to cut ivy from the roof of Panton Hall, another time chopping up a large tree branch with a chainsaw. Depending on the day, she could be playing the role of minibus driver, groundsperson, Forest School assistant, health and safety checker, animal handler... and the list goes on!

But more than that being exceedingly capable Mrs Bell is also a kind and caring person, often taking the time to care for a skinned knee, reassure anxious children, listen and share a wise word with just the right touch of humour, or bake a cake for someone who needed encouragement.

Mrs Bell's future plans include a move into a restored 1750s cottage in North Yorkshire, to which she has been commuting on weekends and holidays over the years with her chickens, guinea pigs and dogs. She doesn't like to use the word 'retired,' and we can't imagine her really stopping to rest either. Best wishes, Mrs Bell. You will be greatly missed.





## A Dedicated Caretaker Behind the Scenes

We are very happy to have acquired our wonderful location at 17-19 Brookside last year, but inhabiting these Victorian buildings also involves a fair share of upkeep. That is why we have been so fortunate to have Nick French as our very skillful caretaker for the past three years, and why we are sad to say goodbye to him as he prepares to retire.

Nick most frequently did his work behind the scenes, attending to the many items that required maintenance or repair. Parents may have taken note of his handiwork without knowing how it seemed to magically materialise overnight, such as the newly mended monkey bars in the playground or his ingenious solution to smooth over the rough surfaces between the playground and the car park and prevent future decay.

If a staff member presented a problem to Nick, he would always come up with a remedy, whether it was a lack of storage space, insufficient lighting or an unreachable cord for the blinds. And when anything needed fixing, Nick could be depended upon to repair it — sometimes before anyone even noticed that it was needed. This was all accomplished with a calm and cheerful demeanor and, of course, a smile.

This won't be Nick's first retirement; his first time around was after a ten-year career as the Facilities Manager for St Mary's School, after which he did a short stint at the University of Cambridge's Institute for Manufacturing. This time, he sounds serious though; he and his wife plan to eventually move to Lincoln to be closer to his daughter. He also hopes to be able to spend more time with his son in Wales, as well as his four grandchildren.

We would like to thank Nick for his expert service, and bid him a fond farewell as he enjoys a well-earned retirement.

